

Waterside Pool Ryde

Waterside Pool

Accurate as of 25/04/2024

Times for Wednesday 25 July



Time	Session
06:30 - 08:00	Lanes
08:00 - 09:30	Lessons
08:00 - 09:30	Casual
09:30 - 10:15	Aquafit Club
10:15 - 11:00	IW Resident Swim
11:00 - 12:00	Casual
12:00 - 13:00	Lanes
13:00 - 16:00	Fun Hour
16:00 - 18:15	Casual
18:15 - 19:00	Water Workout
19:00 - 20:00	Casual
20:00 - 21:00	Squads