

Shipley Pool swimming timetable

Shipley Pool And Gym

Accurate as of 17/05/2024

Times for Monday 15 April



| Time | Session | Facility |
|--------------------|------------------------------|-----------------------|
| 9:15 am - 11:45 am | School Swimming | Indoor Pool (25.0m) |
| 9:15 am - 11:45 am | School Swimming | Teaching Pool (10.0m) |
| 12:00 pm - 1:00 pm | Lane Swim (Adult Only) | Indoor Pool (25.0m) |
| 12:00 pm - 1:00 pm | Parents & 7's and Under Only | Teaching Pool (10.0m) |
| 12:00 pm - 1:00 pm | Adults Swim in Diving Pool | Diving Pool (12.5m) |
| 1:15 pm - 1:45 pm | School Swimming | Teaching Pool (10.0m) |
| 1:15 pm - 1:45 pm | School Swimming | Indoor Pool (25.0m) |
| 2:00 pm - 3:00 pm | Heart patients - GP Referral | Indoor Pool (25.0m) |
| 3:00 pm - 4:00 pm | Steady Swim | Indoor Pool (25.0m) |
| 4:00 pm - 5:00 pm | Sensory Swim | Indoor Pool (25.0m) |
| 4:00 pm - 5:00 pm | Sensory Swim | Teaching Pool (10.0m) |
| 5:00 pm - 6:30 pm | Family Swim | Teaching Pool (10.0m) |
| 5:00 pm - 6:30 pm | Family Swim | Indoor Pool (25.0m) |
| 5:00 pm - 6:30 pm | Family Swim (Diving Pool) | Diving Pool (12.5m) |
| 6:45 pm - 7:45 pm | Ladies 16+ Lane Swim | Indoor Pool (25.0m) |
| 6:45 pm - 7:45 pm | Ladies 16+ Lane Swim | Diving Pool (12.5m) |