

# Shipley Pool swimming timetable

## Shipley Pool And Gym

Accurate as of 03/05/2024

### Times for Monday 22 April



Time	Session	Facility
9:15 am - 11:45 am	School Swimming	Indoor Pool (25.0m)
9:15 am - 11:45 am	School Swimming	Teaching Pool (10.0m)
12:00 pm - 1:00 pm	Lane Swim (Adult Only)	Indoor Pool (25.0m)
12:00 pm - 1:00 pm	Parents & 7's and Under Only	Teaching Pool (10.0m)
12:00 pm - 1:00 pm	Adults Swim in Diving Pool	Diving Pool (12.5m)
1:15 pm - 1:45 pm	School Swimming	Teaching Pool (10.0m)
1:15 pm - 1:45 pm	School Swimming	Indoor Pool (25.0m)
2:00 pm - 3:00 pm	Heart patients - GP Referral	Indoor Pool (25.0m)
3:00 pm - 4:00 pm	Steady Swim	Indoor Pool (25.0m)
4:00 pm - 5:00 pm	Sensory Swim	Indoor Pool (25.0m)
4:00 pm - 5:00 pm	Sensory Swim	Teaching Pool (10.0m)
5:00 pm - 6:30 pm	Family Swim	Teaching Pool (10.0m)
5:00 pm - 6:30 pm	Family Swim	Indoor Pool (25.0m)
5:00 pm - 6:30 pm	Family Swim (Diving Pool)	Diving Pool (12.5m)
6:45 pm - 7:45 pm	Ladies 16+ Lane Swim	Indoor Pool (25.0m)
6:45 pm - 7:45 pm	Ladies 16+ Lane Swim	Diving Pool (12.5m)