# Teme Ludlow Swim Timetable

## Teme Ludlow

**Accurate as of 20/04/2024**

### Times for Thursday 27 April

| Time | Session | Facility |
|---|---|---|
| 07:00 - 09:30 | Lane Swimming | Main Pool |
| 09:30 - 10:30 | Parent & Toddler Sessions | Main Pool |
| 09:30 - 11:30 | School Swimming | Main Pool |
| 11:00 - 12:00 | Aqua Aerobics | Main Pool |
| 11:30 - 12:30 | Adult Lessons | Main Pool |
| 12:30 - 13:30 | Lunchtime Swim | Main Pool |
| 13:30 - 15:45 | School Swimming | Main Pool |
| 15:45 - 17:15 | Aquastar Swimming Lessons | Main Pool |
| 17:15 - 18:30 | Public Session | Main Pool |
| 18:30 - 20:00 | Lane Swimming | Main Pool |
| 19:15 - 20:00 | Aqua Aerobics | Main Pool |
| 20:00 - 21:00 | Adult Lessons | Main Pool |
| 21:00 - 22:00 | Lane Swimming | Main Pool |