

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 17/05/2025

### Times for Thursday 17 August



Time	Session	Facility
07:00 - 09:30	Lane Swimming	Main Pool
09:30 - 10:30	Starfish Swim Session	Diving Pit
09:30 - 10:30	Closed for Primary School Gala	Main Pool
10:30 - 11:30	Aqua Aerobics	Diving Pit
10:30 - 12:30	Family Swim Session- Max 6	Main Pool
11:30 - 12:30	Adult Lessons	Diving Pit
12:30 - 14:30	Public Session	Main Pool
14:30 - 16:30	Public Session, Flume and Diving	Main Pool
16:30 - 18:30	Public Session	Main Pool
18:30 - 20:00	Lane Swimming	Main Pool
19:00 - 20:00	Aqua Aerobics	Diving Pit
20:00 - 21:00	Adult Lessons	Diving Pit
21:00 - 22:00	Lane Swimming	Main Pool