

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 10/04/2024

Times for Monday 18 December			
Time	Session	Facility	
07:00 - 10:30	Lane Swimming	Main Pool	
09:30 - 10:30	Starfish Swim Session	Diving Pit	
10:30 - 12:30	Family Fun & 2 Lanes	Main Pool	
12:30 - 15:45	Public Session	Main Pool	
15:45 - 17:15	Aquastar Swimming Lessons	Main Pool	
17:15 - 18:30	Public Session	Main Pool	
18:30 - 20:00	Ludlow Swimming Club	Main Pool	
20:00 - 21:00	Ladies Only	Main Pool	
21:00 - 22:00	Lane Swimming	Main Pool	