

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 29/04/2024

Times for Thursday 21 December



| Time | Session | Facility |
|---------------|----------------------------|------------|
| 07:00 - 10:30 | Lane Swimming | Main Pool |
| 09:30 - 10:30 | Starfish Swim Session | Diving Pit |
| 10:30 - 11:30 | Aqua Aerobics | Diving Pit |
| 10:30 - 12:30 | Family Swim Session- Max 6 | Main Pool |
| 11:30 - 12:30 | Adult Lessons | Diving Pit |
| 12:30 - 14:30 | Public Session | Main Pool |
| 14:30 - 16:30 | Family Swim Session- Max 6 | Main Pool |
| 16:30 - 18:30 | Public Session | Main Pool |
| 18:30 - 20:00 | Lane Swimming | Main Pool |
| 19:00 - 20:00 | Aqua Aerobics | Diving Pit |
| 20:00 - 21:00 | Adult Lessons | Diving Pit |
| 21:00 - 22:00 | Lane Swimming | Main Pool |