

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 23/04/2024

Times for Wednesday 18 July



Time	Session	Facility
07:00 - 09:30	Lane Swimming	Main Pool
09:30 - 12:30	School Swimming	Main Pool
10:30 - 11:30	Aqua Aerobics	Main Pool
12:30 - 13:30	Lunchtime Swim	Main Pool
13:30 - 15:45	School Swimming	Main Pool
14:30 - 15:15	Starfish Swim Session	Main Pool
15:45 - 18:00	Aquastar Swimming Lessons	Main Pool
18:00 - 21:00	Public Session	Main Pool
19:15 - 20:00	Aqua Aerobics	Main Pool
21:00 - 22:00	Lane Swimming	Main Pool