Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 12/10/2024

Times for Thursday 19 July

Time	Session	Facility
07:00 - 09:30	Lane Swimming	Main Pool
09:30 - 10:30	Parent & Toddler Sessions	Main Pool
09:30 - 11:30	School Swimming	Main Pool
11:00 - 12:00	Aqua Aerobics	Main Pool
11:30 - 12:30	Adult Lessons	Main Pool
12:30 - 13:30	Lunchtime Swim	Main Pool
13:30 - 15:45	School Swimming	Main Pool
15:45 - 17:15	Aquastar Swimming Lessons	Main Pool
17:15 - 18:30	Public Session	Main Pool
18:30 - 20:00	Lane Swimming	Main Pool
19:15 - 20:00	Aqua Aerobics	Main Pool
20:00 - 21:00	Adult Lessons	Main Pool
21:00 - 22:00	Lane Swimming	Main Pool