

# Teme Ludlow Swim Timetable

## Teme Ludlow

Accurate as of 17/05/2025

### Times for Tuesday 18 September



Time	Session	Facility
07:00 - 10:30	Lane Swimming	Main Pool
10:30 - 11:30	Aqua Aerobics	Main Pool
10:30 - 12:30	School Swimming	Main Pool
12:30 - 13:30	Lunchtime Swim	Main Pool
13:30 - 14:30	School Swimming	Main Pool
14:30 - 15:30	Public Session	Main Pool
15:30 - 17:15	Aquastar Swimming Lessons	Main Pool
17:15 - 18:30	Public Session	Main Pool
18:30 - 21:00	Ludlow Swimming Club	Main Pool
21:00 - 22:00	Lane Swimming	Main Pool