## **Teme Ludlow Swim Timetable** Teme Ludlow

## Accurate as of 04/05/2024

| Times for Friday 23 November |                           |           |
|------------------------------|---------------------------|-----------|
| Time                         | Session                   | Facility  |
| 07:00 - 09:30                | Lane Swimming             | Main Pool |
| 09:30 - 11:30                | School Swimming           | Main Pool |
| 10:30 - 12:30                | Parent & Toddler Sessions | Main Pool |
| 11:30 - 15:45                | Public Session            | Main Pool |
| 14:00 - 15:00                | Adult Lessons             | Main Pool |
| 15:45 - 17:15                | Aquastar Swimming Lessons | Main Pool |
| 17:15 - 19:30                | Public Session            | Main Pool |
| 19:30 - 21:00                | Ludlow Swimming Club      | Main Pool |