Teme Ludlow Swim Timetable Teme Ludlow

Accurate as of 17/05/2024

Times for Thursday 30 May)
Time	Session	Facility	
07:00 - 09:30	Lane Swimming	Main Pool	
09:30 - 10:30	Starfish Swim Session	Diving Pit	
09:30 - 10:30	Closed for Primary School Gala	Main Pool	
10:30 - 11:30	Aqua Aerobics	Diving Pit	
10:30 - 12:30	Family Swim Session- Max 6	Main Pool	
11:30 - 12:30	Adult Lessons	Diving Pit	
12:30 - 14:30	Public Session	Main Pool	
14:30 - 16:30	Public Session, Flume and Diving	Main Pool	
16:30 - 18:30	Public Session	Main Pool	
18:30 - 20:00	Lane Swimming	Main Pool	
19:00 - 20:00	Aqua Aerobics	Diving Pit	
20:00 - 21:00	Adult Lessons	Main Pool	
21:00 - 22:00	Lane Swimming	Main Pool	