

Teme Ludlow Swim Timetable

Teme Ludlow

Accurate as of 03/05/2024

Times for Monday 22 April



| Time | Session | Facility |
|---------------|---------------------------|------------|
| 06:30 - 09:30 | Lane Swimming | Main Pool |
| 09:30 - 11:30 | School Swimming | Main Pool |
| 10:45 - 11:30 | Aqua Aerobics | Diving Pit |
| 11:30 - 13:15 | Lane Swimming | Main Pool |
| 13:30 - 14:30 | School Swimming | Main Pool |
| 15:15 - 17:15 | Aquastar Swimming Lessons | Main Pool |
| 17:15 - 18:30 | Lane Swimming | Main Pool |
| 18:30 - 20:30 | Ludlow Swimming Club | Main Pool |
| 19:00 - 19:45 | Aqua Aerobics | Diving Pit |
| 20:30 - 22:00 | Lane Swimming | Main Pool |