Class Timetable Congleton Leisure Centre

Accurate as of 18/05/2024

| Times for Wednesday 18 July | | |
|-----------------------------|----------------|---------------|
| Time | Session | Facility |
| 06:30 - 07:00 | HIIT | Practice Hall |
| 09:15 - 10:00 | Body Pump | Practice Hall |
| 18:00 - 19:00 | Core Stability | Practice Hall |
| 19:00 - 20:00 | Pilates | Practice Hall |