

# Class Timetable

## Congleton Leisure Centre

Accurate as of 06/05/2024

### Times for Thursday 19 July



Time	Session	Facility
09:30 - 10:15	HIIT	Practice Hall
10:30 - 11:30	Pilates	Practice Hall
13:00 - 14:00	Club 50+	Dance Studio
18:00 - 18:45	Group Cycling	Squash Courts
19:00 - 19:45	Group Cycling	Squash Courts
19:00 - 20:00	Kettlercise	Practice Hall