## **Class Timetable Congleton Leisure Centre**

## Accurate as of 29/04/2024

Times for Wednesday 21 November		
Time	Session	Facility
06:30 - 07:00	HIIT	Practice Hall
09:15 - 10:00	Body Pump	Practice Hall
18:00 - 19:00	Core Stability	Practice Hall
19:00 - 20:00	Pilates	Practice Hall