

Class Timetable

Congleton Leisure Centre

Accurate as of 03/05/2024

Times for Wednesday 20 February



Time	Session	Facility
06:30 - 07:00	HIIT	Practice Hall
09:15 - 10:00	Body Pump	Practice Hall
10:00 - 10:45	Body Combat	Practice Hall
18:00 - 19:00	Core Stability	Practice Hall
19:00 - 20:00	Pilates	Practice Hall