

# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 03/05/2024

### Times for Monday 14 August



Time	Session	Facility
06:30 - 12:00	Public Swimming	Swimming Pool
09:00 - 10:30	Intensive Swim Lessons	Swimming Pool
12:00 - 13:15	Adults Only	Swimming Pool
13:30 - 14:30	Family Float Session	Swimming Pool
14:30 - 16:00	Half Price Family Swims	Swimming Pool