

Poulton Swimming Timetable

Poulton Ymca Swimming & Fitness Centre

Accurate as of 17/05/2025

Times for Thursday 17 August



Time	Session	Facility
06:30 - 12:00	Public Swimming	Swimming Pool
09:00 - 10:30	Intensive Swim Lessons	Swimming Pool
12:00 - 13:15	Adults Only	Swimming Pool
13:30 - 14:30	Adventure Fun Swim (Swimmers 8+)	Swimming Pool
14:30 - 16:00	Half Price Family Swims	Swimming Pool
18:30 - 20:00	Public Swimming	Swimming Pool