


# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 29/04/2024

Times for Monday 21 August			
Time	Session	Facility	
06:30 - 12:00	Public Swimming	Swimming Pool	
09:00 - 10:30	Intensive Swim Lessons	Swimming Pool	
12:00 - 13:15	Adults Only	Swimming Pool	
13:30 - 14:30	Family Float Session	Swimming Pool	
14:30 - 16:00	Half Price Family Swims	Swimming Pool	