## **Ansdell YMCA Class Timetable**

## **Ansdell Ymca Arena**

## Accurate as of 06/05/2024

Times for Monday 23 July			•
Time	Session	Facility	Instructor
18:00 - 19:00	Maddy's Fitness Class	Activity Hall	Maddy
20:00 - 21:00	Circuit Training	Main Hall	Ian Nixon