St Annes Adult Classes and Activities Ymca (St Annes)

Accurate as of 17/05/2024

| Times for Sunday 29 July | | | | (|
|--------------------------|-------------|----------|------------|----------|
| Time | Session | Facility | Instructor | |
| 09:00 - 09:30 | Tabata | Studios | Hayley | |
| 09:45 - 10:15 | Body Attack | Studios | Hayley | |