

# St Annes Adult Classes and Activities

## Ymca (St Annes)

Accurate as of 17/04/2024

### Times for Saturday 20 October



Time	Session	Facility	Instructor
09:00 - 10:00	Spinning	Studios	Mike
09:15 - 10:15	Body Combat	Studios	Phil
10:15 - 11:00	Spinning	Studios	Mike