St Annes Adult Classes and Activities

Ymca (St Annes)

Accurate as of 12/10/2024

Times for Friday 25 January

Time	Session	Facility	Instructor
07:00 - 07:45	Spinning	Studios	Lisa
09:15 - 10:00	Zumba Tone	Studios	Suzy
11:30 - 12:15	50+ Exercise	Studios	Lucie