

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 15/05/2024

| Times for Wednesday 30 May |                                    |             |  |
|----------------------------|------------------------------------|-------------|---|
| Time                       | Session                            | Facility    |   |
| 07:00 - 09:30              | Casual Lanes Swim                  | Main Pool 2 |   |
| 08:15 - 13:00              | Casual Lanes Swim                  | Main Pool 1 |   |
| 09:30 - 10:30              | Disability Session                 | Main Pool 2 |   |
| 10:00 - 15:00              | Casual Swim                        | Small pool  |   |
| 10:45 - 11:30              | Hydro Active                       | Main Pool 2 |   |
| 11:30 - 18:15              | Casual Swim                        | Main Pool 2 |   |
| 13:15 - 14:15              | Gauntlet Inflatable (8-14yrs only) | Main Pool 1 |   |
| 14:30 - 16:00              | Casual Lanes Swim                  | Main Pool 1 |   |
| 16:00 - 18:30              | Swimming Lessons                   | Main Pool 1 |   |
| 16:00 - 19:00              | Swimming Lessons                   | Small pool  |   |
| 18:30 - 19:30              | Tri Team                           | Main Pool 2 |   |
| 18:30 - 21:00              | Swim Club                          | Main Pool 1 |   |
| 19:00 - 20:00              | Family Swim                        | Small pool  |   |
| 19:30 - 20:15              | Casual Lanes Swim                  | Main Pool 2 |   |
| 20:15 - 21:00              | Casual Lanes Swim                  | Main Pool 2 |   |