


# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 19/05/2024

Times for Tuesday 28 August			
Time	Session	Facility	
07:00 - 09:30	Casual Lanes Swim	Main Pool 2	
08:15 - 16:00	Casual Lanes Swim	Main Pool 1	
09:30 - 13:00	Casual Swim	Main Pool 2	
10:00 - 11:00	Over 60s Swim	Main Pool 2	
10:15 - 11:00	Swim Tots	Small pool	
10:30 - 11:00	Adult Swimming Lesson	Main Pool 1	
11:50 - 12:20	Parent and Child Lesson	Small pool	
12:30 - 15:00	Casual Swim	Small pool	
13:00 - 15:00	Fun & Floats	Main Pool 2	
15:00 - 18:00	Casual Swim	Main Pool 2	
16:00 - 18:00	Swimming Lessons	Main Pool 1	
16:00 - 19:00	Swimming Lessons	Small pool	
18:00 - 18:45	Swimming Lessons	Main Pool 2	
18:30 - 19:30	Xtreme Swim	Main Pool 2	
18:45 - 20:00	Casual Lanes Swim	Main Pool 2	
19:00 - 20:00	Family Swim	Small pool	
20:00 - 21:00	Sub Aqua	Main Pool 2	