

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 26/04/2024

### Times for Monday 1 July



Time	Session	Facility
07:00 - 10:00	Casual Lanes Swim	Main Pool 2
08:00 - 10:00	Casual Lanes Swim	Main Pool 1
10:00 - 12:00	NPLQ course	Main Pool - Deep End
10:15 - 11:00	Low Aqua	Main Pool - Shallow End
11:15 - 12:00	Low Aqua	Main Pool - Shallow End
12:15 - 13:00	Casual Lanes Swim	Main Pool 1
12:15 - 18:00	Casual Swim	Main Pool 2
13:00 - 15:00	School swimming lessons	Main Pool 1
15:15 - 16:00	NPLQ course	Main Pool 1
16:00 - 18:30	Swimming Lessons	Main Pool 1
18:00 - 18:30	Swimming Lessons	Main Pool 2
18:30 - 21:00	Swim Club	Main Pool 2