

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 30/04/2024

### Times for Monday 15 July



| Time          | Session                 | Facility                |
|---------------|-------------------------|-------------------------|
| 07:00 - 10:00 | Casual Lanes Swim       | Main Pool 2             |
| 08:00 - 10:00 | Casual Lanes Swim       | Main Pool 1             |
| 10:00 - 12:00 | Casual Lanes Swim       | Main Pool - Deep End    |
| 10:15 - 11:00 | Low Aqua                | Main Pool - Shallow End |
| 11:15 - 12:00 | Low Aqua                | Main Pool - Shallow End |
| 12:15 - 13:00 | Casual Lanes Swim       | Main Pool 1             |
| 12:15 - 18:00 | Casual Swim             | Main Pool 2             |
| 13:00 - 15:00 | School swimming lessons | Main Pool 1             |
| 15:15 - 16:00 | Casual Lanes Swim       | Main Pool 1             |
| 16:00 - 18:30 | Swimming Lessons        | Main Pool 1             |
| 18:00 - 18:30 | Swimming Lessons        | Main Pool 2             |
| 18:30 - 21:00 | Swim Club               | Main Pool 2             |