


Wigan Life Centre: Pool sessions

Wigan Life Centre

Accurate as of 02/05/2024

Times for Monday 22 July			
Time	Session	Facility	
07:00 - 10:00	Casual Lanes Swim	Main Pool 2	
08:00 - 10:00	Casual Lanes Swim	Main Pool 1	
10:00 - 12:00	NPLQ course	Main Pool - Deep End	
10:15 - 11:00	Low Aqua	Main Pool - Shallow End	
11:15 - 12:00	Low Aqua	Main Pool - Shallow End	
12:15 - 13:00	Casual Lanes Swim	Main Pool 1	
12:15 - 18:00	Casual Swim	Main Pool 2	
13:15 - 14:15	Gauntlet Inflatable (8-14yrs only)	Main Pool 1	
14:30 - 16:00	NPLQ course	Main Pool 1	
16:00 - 18:30	Swimming Lessons	Main Pool 1	
18:30 - 21:00	Swim Club	Main Pool 2	