


# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 29/04/2024

| Times for Tuesday 23 July |                         |                  |  |
|---------------------------|-------------------------|------------------|---|
| Time                      | Session                 | Facility         |   |
| 07:00 - 09:30             | Casual Lanes Swim       | Main Pool 2      |   |
| 08:15 - 10:00             | NPLQ course             | Main Pool 1      |   |
| 09:30 - 18:00             | Casual Swim             | Main Pool 2      |   |
| 10:00 - 11:00             | Casual Lanes Swim       | Main Pool Lane 2 |   |
| 10:00 - 11:00             | Over 60s Swim           | Main Pool 2      |   |
| 10:15 - 11:00             | Swim Tots               | Main Pool Lane 1 |   |
| 11:00 - 11:50             | Casual Lanes Swim       | Main Pool 1      |   |
| 11:50 - 12:20             | Parent and Child Lesson | Main Pool Lane 1 |   |
| 12:00 - 13:00             | Casual Lanes Swim       | Main Pool Lane 2 |   |
| 13:00 - 14:30             | Fun & Floats            | Main Pool 1      |   |
| 14:30 - 16:00             | NPLQ course             | Main Pool 1      |   |
| 16:00 - 18:45             | Swimming Lessons        | Main Pool 1      |   |
| 19:00 - 20:00             | Xtreme Swim             | Main Pool Lane 1 |   |
| 19:00 - 20:00             | Casual Lanes Swim       | Main Pool Lane 2 |   |
| 20:00 - 21:00             | Sub Aqua                | Main Pool 1      |   |