## Wigan Life Centre: Pool sessions Wigan Life Centre

Accurate as of 10/04/2024

Times for Tuesday 23 July		
Time	Session	Facility
07:00 - 09:30	Casual Lanes Swim	Main Pool 2
08:15 - 10:00	NPLQ course	Main Pool 1
09:30 - 18:00	Casual Swim	Main Pool 2
10:00 - 11:00	Casual Lanes Swim	Main Pool Lane 2
10:00 - 11:00	Over 60s Swim	Main Pool 2
10:15 - 11:00	Swim Tots	Main Pool Lane 1
11:00 - 11:50	Casual Lanes Swim	Main Pool 1
11:50 - 12:20	Parent and Child Lesson	Main Pool Lane 1
12:00 - 13:00	Casual Lanes Swim	Main Pool Lane 2
13:00 - 14:30	Fun & Floats	Main Pool 1
14:30 - 16:00	NPLQ course	Main Pool 1
16:00 - 18:45	Swimming Lessons	Main Pool 1
19:00 - 20:00	Xtreme Swim	Main Pool Lane 1
19:00 - 20:00	Casual Lanes Swim	Main Pool Lane 2
20:00 - 21:00	Sub Aqua	Main Pool 1