


Wigan Life Centre: Pool sessions

Wigan Life Centre

Accurate as of 10/04/2024

| Times for Wednesday 24 July | | |  |
|-----------------------------|------------------------------------|-------------|---|
| Time | Session | Facility | |
| 07:00 - 09:30 | Casual Lanes Swim | Main Pool 2 | |
| 08:15 - 10:15 | NPLQ course | Main Pool 1 | |
| 09:30 - 10:30 | Disability Session | Main Pool 2 | |
| 10:30 - 11:15 | Disney Inspired Swim | Main Pool 1 | |
| 10:45 - 11:30 | Hydro Active | Main Pool 2 | |
| 11:15 - 13:00 | Casual Lanes Swim | Main Pool 1 | |
| 11:30 - 18:15 | Casual Swim | Main Pool 2 | |
| 13:15 - 14:15 | Gauntlet Inflatable (8-14yrs only) | Main Pool 1 | |
| 14:30 - 16:00 | NPLQ course | Main Pool 1 | |
| 16:00 - 19:00 | Swimming Lessons | Main Pool 1 | |
| 18:30 - 21:00 | Swim Club | Main Pool 2 | |
| 19:00 - 20:00 | Tri Team | Main Pool 1 | |
| 20:00 - 21:00 | Casual Lanes Swim | Main Pool 1 | |