

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 17/05/2025

### Times for Tuesday 20 August



Time	Session	Facility
07:00 - 09:30	Casual Lanes Swim	Main Pool 2
08:15 - 10:00	NPLQ course	Main Pool 1
09:00 - 10:00	Holiday Crash Course	Small pool
09:30 - 18:00	Casual Swim	Main Pool 2
10:00 - 11:00	Over 60s Swim	Main Pool 2
10:15 - 11:00	Swim Tots	Small pool
10:30 - 11:00	Adult Swimming Lesson	Main Pool 1
11:50 - 12:20	Parent and Child Lesson	Small pool
12:30 - 16:00	Family Swim	Small pool
13:00 - 14:30	Fun & Floats	Main Pool 2
14:30 - 16:00	NPLQ course	Main Pool 1
16:00 - 18:00	Swimming Lessons	Main Pool 1
16:00 - 19:00	Swimming Lessons	Small pool
18:00 - 18:45	Swimming Lessons	Main Pool 2
18:30 - 19:30	Xtreme Swim	Main Pool 2
18:45 - 20:00	Casual Lanes Swim	Main Pool 2
19:30 - 21:00	Fun & Floats	Small pool
20:00 - 21:00	Sub Aqua	Main Pool 2