Fitness Classes Arena Sports Centre

Accurate as of 16/05/2024

| Times for Friday 27 April | | | | © |
|---------------------------|---------|--------------|------------|----------|
| Time | Session | Facility | Instructor | |
| 09:30 - 10:15 | Tone | Dance Studio | Jo | |
| 10:15 - 11:00 | Spin | Dance Studio | Jo | |