

# Fitness sessions

## Costello Stadium

Accurate as of 18/04/2024

### Times for Monday 23 July



Time	Session	Facility
8:00 am - 9:00 pm	Stadium closed for bank holiday	Running Track
8:00 am - 9:00 pm	Stadium closed for bank holiday	Running Track
9:30 am - 9:00 pm	Stadium closed for bank holiday	Gym
9:30 am - 9:00 pm	Stadium closed for bank holiday	Gym