

Fitness sessions

Costello Stadium

Accurate as of 17/05/2024

Times for Tuesday 23 April			
Time	Session	Facility	
7:30 am - 9:00 pm	Gym Open to Public	Gym	
4:30 pm - 5:30 pm	Junior gym	Gym	
6:00 pm - 6:45 pm	Body Blast	Studio	
7:00 pm - 7:45 pm	Coremax	Studio	
7:00 pm - 9:00 pm	Family Gym	Gym	