# Class Timetable

## Marl Pits Leisure Centre

**Accurate as of 12/10/2024**

**Times for Wednesday 24 April**

| Time | Session | Facility | Type |
|---|---|---|---|
| 13:00 - 14:00 | Legs, Bums & Tums | Dance Studio | Cardio |
| 14:45 - 15:45 | Aqua Fit Lite | Indoor Pool (25.0m) | Aqua - Splashpath |
| 17:30 - 18:00 | Meta-Fit | Dance Studio | Circuit |
| 18:00 - 18:30 | Cardio Abs | Dance Studio | Cardio |
| 18:30 - 18:45 | Stretching | Dance Studio | Holistic |
| 19:00 - 20:00 | Yoga | Dance Studio | Holistic |