

Class Timetable

Marl Pits Leisure Centre

Accurate as of 19/04/2024

Times for Thursday 22 August



Time	Session	Facility	Type
09:30 - 10:30	Pilates	Dance Studio	Holistic
10:30 - 11:30	Kettlercise	Dance Studio	High Impact
13:00 - 15:00	Cancer Rehab	Dance Studio	Healthy Lifestyles
17:30 - 18:15	Step Aerobics	Dance Studio	High Impact
18:15 - 19:00	Insanity	Dance Studio	High Impact
19:00 - 20:00	Body Combat	Dance Studio	High Impact
20:00 - 21:00	Body Pump	Dance Studio	Weight Classes