## **Sauna and steam sessions timetable Ennerdale Leisure Centre**

Accurate as of 04/05/2024

| Times for Wednesday 24 April |                 |            |
|------------------------------|-----------------|------------|
| Time                         | Session         | Facility   |
| 8:15 am - 1:00 pm            | Steam Room Open | Steam Room |
| 8:15 am - 2:00 pm            | Sauna Open      | Sauna      |
| 2:00 pm - 9:30 pm            | Steam Room Open | Steam Room |
| 3:00 pm - 9:30 pm            | Sauna Open      | Sauna      |