

# Sauna and steam sessions timetable

## Ennerdale Leisure Centre

Accurate as of 18/05/2024

### Times for Wednesday 1 May



Time	Session	Facility
8:15 am - 1:00 pm	Steam Room Open	Steam Room
8:15 am - 2:00 pm	Sauna Open	Sauna
2:00 pm - 9:30 pm	Steam Room Open	Steam Room
3:00 pm - 9:30 pm	Sauna Open	Sauna