## **Swimming Timetable**Carnival Pool And Fitness Centre

Accurate as of 05/05/2024

| Times for Thursday 1 March |                        |               |
|----------------------------|------------------------|---------------|
| Time                       | Session                | Facility      |
| 6:30 am - 9:00 am          | Early Morning Swim     | Teaching Pool |
| 6:30 am - 9:30 am          | Early Morning Swim     | Main Pool     |
| 9:00 am - 9:30 am          | Swim School            | Beach Pool    |
| 9:00 am - 11:00 am         | Swim School            | Teaching Pool |
| 9:30 am - 10:15 am         | Aquafit                | Main Pool     |
| 9:30 am - 3:00 pm          | Toddler Splash         | Beach Pool    |
| 10:15 am - 11:00 am        | Shine Aqua             | Main Pool     |
| 11:00 am - 12:30 pm        | Family Splash          | Teaching Pool |
| 11:00 am - 2:00 pm         | General Swim           | Main Pool     |
| 2:00 pm - 3:00 pm          | Senior Swim            | Main Pool     |
| 2:00 pm - 3:00 pm          | Senior Swim            | Teaching Pool |
| 3:00 pm - 4:00 pm          | Family Splash          | Teaching Pool |
| 3:00 pm - 5:00 pm          | Family Splash          | Main Pool     |
| 3:00 pm - 5:00 pm          | Family Splash          | Beach Pool    |
| 4:00 pm - 7:00 pm          | Swim School            | Teaching Pool |
| 5:00 pm - 7:00 pm          | Swim School            | Beach Pool    |
| 5:00 pm - 7:45 pm          | Swim School            | Main Pool     |
| 7:00 pm - 8:00 pm          | Adult Swimming lessons | Teaching Pool |
| 7:45 pm - 10:30 pm         | Adult Swim             | Main Pool     |
| 8:00 pm - 10:00 pm         | Adult Swim             | Teaching Pool |
| 9:00 pm - 10:00 pm         | Adult Swimming lessons | Main Pool     |