

# Swimming Timetable

## Carnival Pool And Fitness Centre

Accurate as of 29/04/2024

| Times for Thursday 28 March |                        |               |  |
|-----------------------------|------------------------|---------------|---|
| Time                        | Session                | Facility      |   |
| 6:30 am - 9:00 am           | Early Morning Swim     | Teaching Pool |   |
| 6:30 am - 9:30 am           | Early Morning Swim     | Main Pool     |   |
| 9:00 am - 9:30 am           | Swim School            | Beach Pool    |   |
| 9:00 am - 11:00 am          | Swim School            | Teaching Pool |   |
| 9:30 am - 10:15 am          | Aquafit                | Main Pool     |   |
| 9:30 am - 3:00 pm           | Toddler Splash         | Beach Pool    |   |
| 10:15 am - 11:00 am         | Shine Aqua             | Main Pool     |   |
| 11:00 am - 12:30 pm         | Family Splash          | Teaching Pool |   |
| 11:00 am - 2:00 pm          | General Swim           | Main Pool     |   |
| 2:00 pm - 3:00 pm           | Senior Swim            | Main Pool     |   |
| 2:00 pm - 3:00 pm           | Senior Swim            | Teaching Pool |   |
| 3:00 pm - 4:00 pm           | Family Splash          | Teaching Pool |   |
| 3:00 pm - 5:00 pm           | Family Splash          | Main Pool     |   |
| 3:00 pm - 5:00 pm           | Family Splash          | Beach Pool    |   |
| 4:00 pm - 7:00 pm           | Swim School            | Teaching Pool |   |
| 5:00 pm - 7:00 pm           | Swim School            | Beach Pool    |   |
| 5:00 pm - 7:45 pm           | Swim School            | Main Pool     |   |
| 7:00 pm - 8:00 pm           | Adult Swimming lessons | Teaching Pool |   |
| 7:45 pm - 10:30 pm          | Adult Swim             | Main Pool     |   |
| 8:00 pm - 10:00 pm          | Adult Swim             | Teaching Pool |   |
| 9:00 pm - 10:00 pm          | Adult Swimming lessons | Main Pool     |   |