## **Swimming Timetable**Carnival Pool And Fitness Centre

## Accurate as of 28/04/2024

| Times for Friday 26 July |                    |               |  |  |
|--------------------------|--------------------|---------------|--|--|
| Time                     | Session            | Facility      |  |  |
| 6:30 am - 9:00 am        | Early Morning Swim | Main Pool     |  |  |
| 6:30 am - 9:00 am        | Early Morning Swim | Teaching Pool |  |  |
| 9:00 am - 12:00 pm       | Lane Swimming      | Main Pool     |  |  |
| 9:00 am - 12:30 pm       | Family Splash      | Beach Pool    |  |  |
| 9:00 am - 12:30 pm       | Family Splash      | Teaching Pool |  |  |
| 9:30 am - 11:30 am       | Swim School        | Main Pool     |  |  |
| 11:30 am - 4:00 pm       | General Swim       | Main Pool     |  |  |
| 12:30 pm - 2:00 pm       | Swim School        | Beach Pool    |  |  |
| 12:30 pm - 2:00 pm       | Swim School        | Teaching Pool |  |  |
| 2:00 pm - 4:00 pm        | Family Splash      | Beach Pool    |  |  |
| 2:00 pm - 4:00 pm        | Family Splash      | Teaching Pool |  |  |
| 4:00 pm - 6:00 pm        | Swim School        | Main Pool     |  |  |
| 4:00 pm - 6:30 pm        | Swim School        | Beach Pool    |  |  |
| 4:00 pm - 6:30 pm        | Swim School        | Teaching Pool |  |  |
| 6:00 pm - 7:00 pm        | Disability Session | Main Pool     |  |  |
| 6:00 pm - 7:00 pm        | Disability Session | Teaching Pool |  |  |
| 6:30 pm - 7:00 pm        | Disability Session | Beach Pool    |  |  |
| 7:00 pm - 8:00 pm        | Family Splash      | Main Pool     |  |  |
| 7:00 pm - 8:00 pm        | Family Splash      | Beach Pool    |  |  |
| 7:00 pm - 8:00 pm        | Family Splash      | Teaching Pool |  |  |
| 8:00 pm - 10:30 pm       | Adult Swim         | Main Pool     |  |  |
|                          |                    |               |  |  |

| Time               | Session    | Facility      |
|--------------------|------------|---------------|
| 8:00 pm - 10:30 pm | Adult Swim | Teaching Pool |