

# Swimming Timetable

## Carnival Pool And Fitness Centre

Accurate as of 16/05/2024

| Times for Friday 17 January |                    |               |  |
|-----------------------------|--------------------|---------------|---|
| Time                        | Session            | Facility      |   |
| 6:30 am - 9:00 am           | Early Morning Swim | Main Pool     |   |
| 6:30 am - 9:00 am           | Early Morning Swim | Teaching Pool |   |
| 9:00 am - 12:00 pm          | Lane Swimming      | Main Pool     |   |
| 9:00 am - 12:30 pm          | Family Splash      | Beach Pool    |   |
| 9:00 am - 12:30 pm          | Family Splash      | Teaching Pool |   |
| 9:30 am - 11:30 am          | Swim School        | Main Pool     |   |
| 11:30 am - 4:00 pm          | General Swim       | Main Pool     |   |
| 12:30 pm - 2:00 pm          | Swim School        | Beach Pool    |   |
| 12:30 pm - 2:00 pm          | Swim School        | Teaching Pool |   |
| 2:00 pm - 4:00 pm           | Family Splash      | Beach Pool    |   |
| 2:00 pm - 4:00 pm           | Family Splash      | Teaching Pool |   |
| 4:00 pm - 6:00 pm           | Swim School        | Main Pool     |   |
| 4:00 pm - 6:30 pm           | Swim School        | Beach Pool    |   |
| 4:00 pm - 6:30 pm           | Swim School        | Teaching Pool |   |
| 6:00 pm - 7:00 pm           | Disability Session | Main Pool     |   |
| 6:00 pm - 7:00 pm           | Disability Session | Teaching Pool |   |
| 6:30 pm - 7:00 pm           | Disability Session | Beach Pool    |   |
| 7:00 pm - 8:00 pm           | Family Splash      | Main Pool     |   |
| 7:00 pm - 8:00 pm           | Family Splash      | Beach Pool    |   |
| 7:00 pm - 8:00 pm           | Family Splash      | Teaching Pool |   |
| 8:00 pm - 10:30 pm          | Adult Swim         | Main Pool     |   |

| Time               | Session    | Facility      |
|--------------------|------------|---------------|
| 8:00 pm - 10:30 pm | Adult Swim | Teaching Pool |