


# Robin Park Sports Centre: Exercise classes

## Robin Park Leisure Centre

Accurate as of 09/05/2024

Times for Monday 3 July		
Time	Session	
09:15 - 10:15	Low Aerobics	
17:00 - 17:30	CXWORX	
17:30 - 18:15	Body Attack	
18:30 - 19:30	Aeromix (14yrs+)	
19:30 - 20:15	BODYPUMP (Virtual)	