

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 03/05/2024

Times for Wednesday 13 December



| Time | Session |
|---------------|----------------------|
| 06:30 - 07:15 | BODYPUMP (Virtual) |
| 09:45 - 10:45 | Low Aerobics |
| 13:30 - 14:30 | Pilates |
| 17:15 - 18:00 | Battle Fit |
| 17:30 - 19:00 | No Strings Badminton |
| 18:00 - 19:00 | Body Attack |
| 18:00 - 19:30 | Basketball |
| 19:15 - 20:00 | Zumba (14yrs+) |
| 20:00 - 21:00 | Cardio Tennis |