

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 03/05/2024

Times for Wednesday 16 January



Time	Session
06:30 - 07:15	BODYPUMP (Virtual)
09:45 - 10:45	Low Aerobics
13:30 - 14:30	Pilates
17:15 - 18:00	Battle Fit
17:30 - 19:00	No Strings Badminton
18:00 - 19:00	Body Attack
18:00 - 19:30	Basketball
19:15 - 20:00	Zumba (14yrs+)
20:00 - 21:00	Cardio Tennis