

# Robin Park Sports Centre: Exercise classes

## Robin Park Leisure Centre

Accurate as of 03/05/2024

### Times for Friday 18 January



Time	Session
07:00 - 07:30	TeamBeats
10:00 - 10:45	Couch to 5k Run Group
11:15 - 12:15	Low Aerobics
20:00 - 21:00	Cardio Tennis