Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 12/10/2024

Times for Sunday 28 July

Time	Session
07:45 - 08:45	BODYBALANCE (Virtual)
08:30 - 09:00	TeamBeats
08:30 - 09:15	RPM (Virtual)
09:00 - 09:30	CXWORX (Virtual)
10:00 - 10:45	RPM (Virtual)
10:00 - 11:00	Hatton Boxing
11:00 - 11:30	SPRINT (virtual)
11:00 - 11:45	Battle Fit
12:00 - 12:45	RPM (Virtual)
12:00 - 13:00	BODYCOMBAT (Virtual)
13:00 - 13:45	RPM (Virtual)
13:30 - 14:15	BODYPUMP (Virtual)
14:30 - 15:00	BARRE Virtual