

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 20/04/2024

Times for Sunday 7 June



| Time | Session |
|---------------|-----------------------|
| 07:45 - 08:45 | BODYBALANCE (Virtual) |
| 08:30 - 09:00 | TeamBeats |
| 08:30 - 09:15 | RPM (Virtual) |
| 09:00 - 09:30 | CXWORX (Virtual) |
| 10:00 - 10:45 | RPM (Virtual) |
| 10:00 - 11:00 | Hatton Boxing |
| 11:00 - 11:30 | SPRINT (virtual) |
| 11:00 - 11:45 | Battle Fit |
| 12:00 - 12:45 | RPM (Virtual) |
| 12:00 - 13:00 | BODYCOMBAT (Virtual) |
| 13:00 - 13:45 | RPM (Virtual) |
| 13:30 - 14:15 | BODYPUMP (Virtual) |
| 14:30 - 15:00 | BARRE Virtual |