Hindley Leisure Centre: Exercise Classes Hindley Pool and Leisure Centre

Accurate as of 29/04/2024

| Times for Saturday 26 August | |
|------------------------------|---------------|
| Time | Session |
| 09:00 - 09:45 | Boxercise |
| 10:00 - 10:30 | GRIT Cardio |
| 10:30 - 11:00 | GRIT Strength |
| 12:00 - 13:30 | Basketball |